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99,315 patients 500+ conditions

Who's like you?

Share your experience.

The more you share, the easier it will be to find patients like you. Start by adding a condition, symptom or treatment.

I have

Type at least 3 letters of a condition

I take

Type at least 3 letters of a treatment



Female



0 20 30 40 50 60

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Find Patients Like You



Explore our Treatment Reports



Learn about Symptoms



Review our Research



Check for your Conditions



Patient Testimonials

" I saw my neuro for the first time since joining PatientsLikeMe. Time spent and experience gained on this site armed me w/ info and made me feel that I had a network quietly supporting me...And it sure felt good.

-PatientsLikeMe member

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CONDITIONS AT PATIENTSLIKEME

Cancer Breast, Lung, Liver	Immune, Inflammatory and Infections Rheumatoid Arthritis, Lupus, HIV, Lyme Disease	Mental Health and Behavior Depression, Bipolar I, Bipolar II, Social Anxiety	
Developmental and Chromosomal Tay-Sachs, Autism Spectrum, Down Syndrome	Kidneys and Urinary Polycystic Kidney Disease, Kidney Impairment	Metabolism and Nutrition Hypercholesterolemia, Hemochromatosis	
Digestive and Intestinal Life-changing procedures and events Crohn's Disease, IBS Organ Transplants, DBS, Spinal Cord Injury		Muscle, Bone and Joint Fibromyalgia, OA, Osteoporosis, TMJ	
Endocrine Diabetes: Type I, Type II, Thyroid Disease	Liver, Pancreas and Gallbladder Hepatitis, Liver Impairment	Neurological and Brain ALS, MS, PD, Epilepsy, RLS, CFS	
Eye, Ear, Nose and Throat Hearing Loss, Glaucoma	Lungs and Respiratory Asthma, COPD, Cystic Fibrosis	Skin, Hair and Nails Psoriasis, Eczema Women's Health and Pregnancy Infertility, Endometriosis, Menopause, PCOS	
Heart, Blood and Circulatory Heart Disease, Anemia, Raynaud's Syndrome	Men's Health Infertility, Erectile Dysfunction		

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Privacy Policy User Agreement Release Notes FAQs and Screencasts Contact Us Our Promise: Patients LikeMe is committed to putting patients first. We do this by providing a better, more effective way for you to share your real-world health experiences in order to help yourself, other patients like you and organizations that focus on your conditions.

Our Story



About PatientsLikeMe

Patients LikeMe was co-founded in 2004 by three MIT engineers: brothers Benjamin and James Heywood and longtime friend Jeff Cole. Five years earlier, their brother and friend Stephen Heywood was diagnosed with ALS (Lou Gehrig's disease) at the age of 29. The Heywood family soon began searching the world over for ideas that would extend and improve Stephen's life. Inspired by Stephen's experiences, the co-founders and team conceptualized and built a health data-sharing platform that we believe can transform the way patients manage their own conditions, change the way industry conducts research and improve patient care.

Today, PatientsLikeMe is a for-profit company, but not one with a "just for profit" mission. We follow four core values: putting patients first, promoting transparency ("no surprises"), fostering openness and creating "wow." We're guided by these values as we continually enhance our platform, where patients can share and learn from real-world, outcome-based health data. We've also centered our business around these values by aligning patient and industry interests through data-sharing partnerships. We work with trusted nonprofit, research and industry Partners who use this health data to improve products, services and care for patients. (Read How We Make Money and our Privacy Policy for more.)

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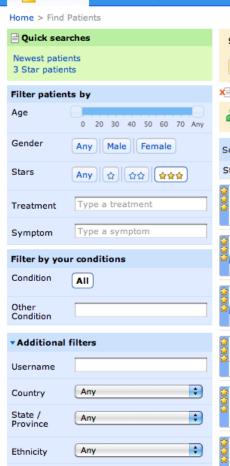
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Treatments Symptoms

Research

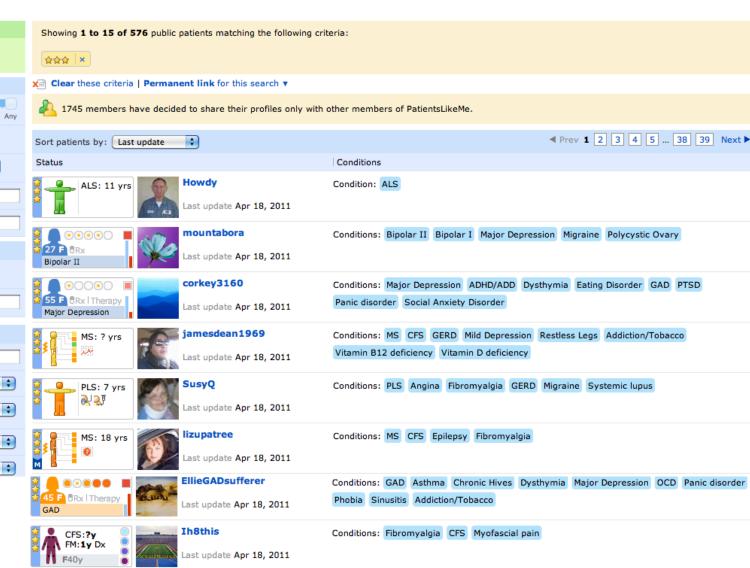
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Conditions: GAD Dysthymia Panic disorder Social Anxiety Disorder



Any

Race



THE EMPEROR

Last update Apr 18, 2011

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Home > Community Treatment Reports and Side Effects

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Browse

Treatment name Please type at least 3 letters in the search box to see results

Search

Treatments At PatientsLikeMe

of the 97,885 patients at PatientsLikeMe report taking one of these treatments to modify their disease or manage its symptoms.

Treatment Name	# Patients	
Gabapentin (Neurontin, Gabatin)	3204	3%
Glatiramer acetate (Copaxone)	3086	3%
Duloxetine (Cymbalta, Yentreve)	2996	3%

Community Treatment Reports Click on a treatment to see what patients have to say about side-effects, efficacy, advice, burden, dosages and cost.

1352 Prescription Drugs

Treatment name	# of Patients
reatment name	# or Patients
Gabapentin (Neurontin, Gabatin)	3204
Glatiramer acetate (Copaxone)	3086
Duloxetine (Cymbalta, Yentreve)	2996
Baclofen (Lioresal Oral, Miorel)	2740
Clonazepam (Klonopin, Rivotril)	2608

See all 1352 Prescription Drugs...

98 Physical Therapy	
Treatment name	# of Patients
Massage Therapy	697
Physical Therapy (PT)	614
Range of Motion Exercises	373
Chiropractic	354
Deep breathing and relaxation	216

See all 98 Physical Therapy...

323 Over The Counter Drugs

Treatment name	# of Patients
Ibuprofen	1432
Aspirin	1136
Acetaminophen	727
Diphenhydramine	247
Naproxen Sodium OTC	247

See all 323 Over The Counter Drugs...

of Patient
165
78
70
50
44

See all 357 Equipment...

1754 Supplements

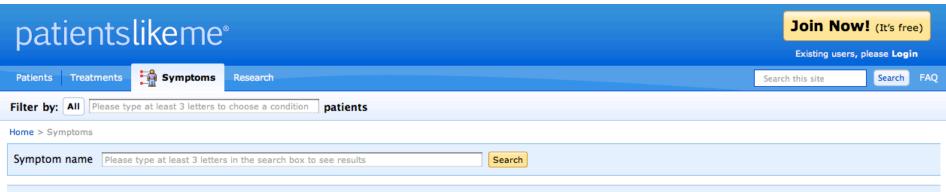
Treatment name	# of Patients
Vitamin D	2387
Omega 3 Fish Oil	2144
Multivitamins	2101
CoQ10	1349
Vitamin C (ascorbic acid)	1158

See all 1754 Supplements...

240 Procedures

Treatment name	# of Patients
MRI	840
Acupuncture	335
Blood test	306
Lumbar Puncture	246
Neuromuscular Electrical Stimulation	204

See all 240 Procedures...



Symptoms At PatientsLikeMe

Primary Symptoms	Patients	Severity	Treatments reported
Anxious Mood	38722		236
Depressed Mood	38484		304
Fatigue	38853		374
Insomnia	24994		175
Pain	35605		511
		Severe Moderate Mild	None

Community Symptom Reports Click on a symptom to see severity, treatments taken and what patients have to say about their experiences.

Other symptoms added by patients like you	# of patients	Treatments reported
Fatigue	35440	374
Anxious Mood	28207	236
Depressed Mood	28003	304
Pain	27478	511
Brain fog	18950	109
Insomnia	18445	175
Headaches	18199	142
Stiffness/Spasticity	17826	224
Excessive daytime sleepiness (somnolence)	15274	58
Memory problems	14392	51
Balance problems	12193	98
Problems concentrating	11298	42
Mood swings	10958	64
Emotional lability	10593	58
Bladder problems	10415	88
Muscle and joint pain	10213	134
Sexual dysfunction	10131	17
Pain in lower back	9963	93
Muscle spasms	9042	99
Bowel problems	8241	74
Muscle tension	7749	57

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Clinical Trial Awareness Public Research and Presentations Publications from Our Team Publications that feature PatientsLikeMe **R&D Policy**





Abbott Laboratories

The HORIZON program is a group of medical research studies evaluating an investigational levodopa-carbidopa intestinal gel. This drug combination is commonly used as an oral PD treatment.



Novartis Pharmaceuticals Corporation

Novartis Pharmaceuticals Corporation wants to improve patients' lives by providing customers with innovative science and differentiated healthcare solutions delivered by diverse and engaged talent with integrity, passion and focus on performance.





Public Research and Presentations



Nov 12, 2010

"Making Molehills Out of Mountains"

PatientsLikeMe R&D Director Paul Wicks, presenting at TEDx Berkshires, walks through the medical decision process faced by patients and clinicians trying to manage their illness in a world lacking in data.



Feb 16, 2010

"The Big Idea my Brother Inspired"

PatientsLikeMe Chairman Jamie Heywood presented some experimental new features on the site at the prestigious TEDMED conference last fall; click here to watch the video of his inspiring and insightful presentation to a global audience of scientists, industry leaders, and researchers.



Publications from Our Team



Patient-reported Outcomes as a Source of Evidence in Off-Label Prescribing Journal of Medical Internet Research

By Jeana Frost, Sally Okun, Timothy Vaughan, James Heywood, Paul Wicks

When a drug is approved by the FDA, it is for a specific purpose or "indication". However, we noticed that many of our users said they had been prescribed drugs for purposes not included in the original approval, known as "off-label" usage. In this award-winning study, we sought to discover the experiences of patients taking two widely-used treatments for off-label purposes.

PatientsLikeMe Research

In collaborations with patients, academics and industry leaders, the research team designs and runs studies that contribute the understanding of each of the conditions we serve and the evolution of the site itself. This new research tab will be where we will collect and present our patient tools and research findings. If you would like to contribute ideas about the design of the site or this page please let us know through the suggestions box or link to send the research team an email.

Meet the Research Team

The research team brings a variety of expertise to the design of PatientsLikeMe and the study of the data collected here. Our team's specialities include genetics, sociology, psychology, nursing, drug discovery, predictive modeling, and user behavior.



Shivani Bhargava Research Assistant



Richard Bradley, RN, MA Pharmacovigilance Manager



Cat Brownstein MPH, PhD Research Scientist



Sally Okun, RN, MMHS Health Data Integrity Manager



Kate Slawsky, MPH Research & Development

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Praise for PatientsLikeMe

Thousands of patients use PatientsLikeMe to better manage their overall health, treatments, and symptoms. Here's what a few of them have to say about our service.

What Patients are Saying | What Partners, Researchers, and Physicians are Saying

What real patients are saying about PatientsLikeMe...

Best ever

"Best website I have ever seen."

This site has been very helpful...it's been quite a boost

"This site has been very helpful... I gain most of my information from others like me who are willing to share and from the research updates posted here. And emotionally it's been quite a boost."

Awesome! I suggest everyone sign up, especially newly diagnosed people

"I think this site is absolutely awesome. I really like being able to visually see my progression and would have loved to have this 5 years ago! I suggest everyone sign up, especially newly diagnosed people."

Most informative site! truly innovative

"This is the most informative site that I have discovered. It is truly an inovative system. So far, I have been extremely impressed."

Awesome... touches my heart!

"This is such an awesome site! Thank you for putting your talents to such a beautiful task! It really touches my heart!"

Wonderful... So thankful

"I finally put my information in on Patients like me... It's a wonderful site to have and so thankful for this."

It's a pleasure to be testing such a brilliantly useful site.

"It's a pleasure to be testing such a brilliantly useful site. I found it easy to navigate round the site and data entry was quite straight forward... it's looking good, keep up the good work."

Appreciate the capability to communicate our story

"I really appreciate this page and capability to communicate our own story with other patients."

My health has honestly improved..

"My health has honestly improved as a result of this site's work! Thank you."

Thank you for helping 'people like me'

"I just wanted to comment on the awesomeness (if that is a word) of your web site! Thank you for helping 'people like me' ... Thank you for all that you are doing to help people -- it is a gift that you have been given."

Share real results with real patients for real diseases.

Share Your Progress

Share and compare your disease history, treatments, and outcomes. Find out how...

Find Patients Like You

Find patients just like you and see how they are managing their disease.

Learn more...

Learn With Us

Stay aware of how you are doing with real medical wellness measures.

Discover how...

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Cambridge-Based PatientsLikeMe Expands To All Diseases

By Carey Goldberg, Apr 11, 2011

PatientsLikeMe is featured in this article about expanding the site to include all patients with any condition.

SmartMoney

Medicine Without Doctors

By Angie Marek, Sep 08, 2010

PatientsLikeMe co-founder Ben Heywood talks about the value of openly sharing data, and a PatientsLikeMe MS member tells her story of how the "site changed the way I view my future."

CBS EVENING NEWS with Katie Couric

Networking for a Cure

Dr. Sanjay Gupta, Dec 05, 2008

Medical correspondent Dr. Sanjay Gupta visits the PatientsLikeMe office to interview our founders and a local ALS patient about how this site is making a difference in patients' lives.

Women'sHealth

Feel Sick? Click Here

By Brigid Sweeney, Sep 01, 2010

PatientsLikeMe co-founder Ben Heywood talks about the value of openly sharing data, and a PatientsLikeMe MS member tells her story of how the "site changed the way I view my future."



Pharma's Facebook

Dr Sarah Kliff, Mar 10, 2009

PatientsLikeMe and partner Novartis are mentioned ShareThis in this story about how pharma is using social networking to recruit for clinical trials

Additional Information

For media inquiries, please contact:

Lori Scanlon or David S. Williams III

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mediarelations@patientslikeme.com

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The New York Times

Practicing Patients

Dr Thomas Goetz, Mar 23, 2008

The article, which features PatientsLikeMe, discusses the pros and cons associated with sharing data-rich personal health information in an open community

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